

Dr. Tiziana Bufacchi

D.o.B. 20/02/1975
2/6 Norton St.
South Perth
tiziana.bufacchi@health.wa.gov.au
Mob. 0430799438

Key Skills and Expertise

- **Mental Health problems in comorbidity with Medical Conditions**
- **Psychological and Psychosocial Interventions in the paediatric population with Type 1 Diabetes**
- **Cross cultural communication skills**
- **Training and assessment skills**
- **Consultation and Liaison**

Registrations:

Australian Health Practitioner Regulation Agency (AHPRA) Number: PSY0001596459
Australian Psychological Society since 2010
Psychology Board of Italy since 2001

Professional Experience

June 2011 - present **Paediatric Consultation Liaison Program (PCLP)** **Perth, Western Australia**
Acute Services. Princess Margaret Hospital.

Current position: Clinical Psychologist (Grade 2)

Clinician's duties and achievements:

Clinical Services:

1) Provides a specialist clinical psychology intervention service requiring a high level of knowledge, experience, and competence with complex mental health/psychological disorders in relevant client groups: children, adolescents presenting with mental health issues and risk associated with medical condition and complex trauma referred by the Endocrinology and Diabetes Team, Neurology Team, Rehabilitation Team, Palliative Care Team, Rheumatology Team, Gastroenterology Team, Burns Team, Respiratory Team and Refugee Clinic.
2) Participates and contributes to multidisciplinary teams and consultancy in the service at a high level of knowledge, experience, and competence.
3) Consults and liaises with health professionals and community-based agencies involved in the care of the patient to promote best care treatment and support re-integration in the community following hospital treatment.
4) Initiates and participates in the development, implementation, research and evaluation of current clinical practice and therapy programs within PCLP mental health service.
5) Participates in policy and planning pertaining to PCLP.

Outcomes:

Psychological Interventions to promote strengths and resilience in youths living with a chronic illness, empower families and improve mental health issues associated with having Type 1 Diabetes.
Acceptance and Commitment Therapy Group for teenagers with Type 1 Diabetes
Attachment based Family Therapy Interventions for children/teenagers and parents with ongoing family conflicts and depression.

Education, Research, Supervision and Consultation:

1. Provides a specialist type of clinical expertise at both systems and individual level relating to complex mental health/psychosocial problems associated with medical condition and trauma.
2. Provides specialist consultation related to services and/or policies and procedures, with other clinical psychologists and with other professional bodies and government organizations.
3. Develops, undertakes and evaluates new treatment protocols or assessment procedures related to mental health burden associated with medical condition and trauma.
4. Develops and implements training programs for clinical psychologists and/or other professionals and provide clinical psychology registrar/trainee supervision.
5. Provides Supervision to Clinical Psychology Registrars/Trainees and regular Teaching to Health Professionals around mental health, risk, trauma, communicational skills, doctor/patient relationship, Empowerment and Resilience, Motivational Interview.
6. Initiates, designs and implements psychological research and/or evaluation within specialist area.

Outcomes: Data collected by PCLP Audits have been recently personally presented in national and international conferences in Italy and Australia highlighting the unicity of the PCLP work.

April 2016: I have been awarded *Special Travel Grant for Education and Training* purpose overseas.

September 2017: I have been invited to present to the Conference "Shape the future of Peadiatrics" (Rome, Italy) and I have been meeting with local researchers and clinicians in Type 1 Diabetes to discuss international collaborations for 2018.

July 2016 – June 2017 **The Gender Diversity Service (GDS)** **Perth, Western Australia**
Acute Services. Princess Margaret Hospital

Current position: Clinical Psychologist (Grade 3)

Clinician's duties and achievements:

1. Information about gender identity in childhood and adolescence
2. Guidance and support
3. Consultation and assessment
4. Assessment and approval for medical intervention for the treatment of teenagers, where appropriate

Outcome: The Gender Diversity Service has been recently awarded with a special Grant from the WA Mental Health Commission and is currently the only paediatric Gender Diversity Service in WA.

November 2015 – May 2015 **Life Resolutions** **Perth, Western Australia**

Position: Clinical Psychologist and Supervisor

Clinician's duties and achievements:

1. Assessing children and adolescents' experiences of identity development and acculturation, examining their access to mental health treatment and resources, and working to promote resilience within these communities.
2. Provide cultural competent psychological treatment for adults/families, children, teenagers with adjustment disorder, Post-Traumatic Stress Disorder, problems related to multiculturalism and expatriation and mood disorders (depression/anxiety).
3. Providing supervision for clinical psychology trainees/registrars.

Outcome:
Member of the "Directory of Bilingual/Bicultural Mental Health and General Practitioners" which has proven to be a valuable tool to assist clinicians in their cultural assessment of mental health problems.

May 2012 – September 2013 **Euro Medica S.R.L.** **Florence, Italy**

Euro Medica (Diabelinks)

Position: Curator and co-author of the "Training Manual in Psychodiabetology"
"Manuale di Formazione in Psicodiabetologia"

Clinician's duties and achievements:

1. Responsible for developing new content and researching factual information.
2. Actively interrogate databases / charts / reports for relevant facts.
3. Performing quality assurance testing on written articles.

Outcomes: Manual has been published in October 2013:
"Manuale di Formazione in psicodiabetologia. L'Esperienza di un Master Universitario".
Euro Medica S.R.L. Graphiche Step, Parma. Ottobre 2013. Diabelink Scientific News.

January 2011 – January 2012 **"LaSapienza" University** **Rome, Italy**

Position: Contract Professor (20h) for the II Level Master "Counselling in Diabetes"
"Psicodiabetologia, il Counselling nella relazione con il paziente diabetico"

Clinician's duties and achievements:

1. Organisation of theoretical and practical coursework.
2. Preparation of cases to discuss within the group using an interactive and appealing methodology.
3. Supervision of students.
4. Regular presentations during the first semester of the Master.

Outcome: Participation in the creation of the Online Educational Tool "**MyStar** " Life Scan (La Cartella Educativa MyStar) with Dr. Natalia Visalli.

July 2010 – Nov. 2010 **"La Sapienza" University** **Rome, Italy**
"La Sapienza" University

Position: Educational Consultant for the II Level Master "Counselling in Diabetes"
"Psicodiabetologia, il Counselling nella relazione con il paziente diabetico"

Clinician's duties and achievements:

1. Gathering and analysing client feedback in the community (health professionals working with diabetes) to determine which aspects of the relationship with the patient can be enhanced and improved.
2. Attending and participating in meetings with the Master's scientific board, contributing to the discussion and providing support.
3. Interacting with administrators and outside bodies, including reporting and accreditation.
4. Provide instructional guidance, methodologies, curriculum and/or tools to educators.
5. Manage educational program by defining desired outcomes, monitoring objectives, and communicating goals.
6. Create, maintain, and disseminate marketing materials and success stories.

Outcome: Master in "Counselling in Diabete" was successfully delivered in January 2011.

January 2008 – December 2009 **"Bambino Gesu' '' Children Hospital** **Rome, Italy**

Position: Post Doctoral Clinical Fellow

Clinician's duties and achievements:

1. Provide psychological support and case management to children and young people with diabetes type and their families referred to the hospital's Endocrinology & Diabetes Service.
2. Delivery of individual and group interventions to inpatients and outpatients, including psychotherapy, psychometric assessment and behavioural interventions.
3. Involved in planning the "School Summer Camp" for children and families with Diabetes.
4. Principal Investigator of 2 Psycho Educational Interventions with children with Type 1 diabetes.

5. Participation in international conferences and workshops to present data findings.

Outcomes:
1) June 2009 Roberto Sivieri Prize (Novonordisc)
2) October 2009 DAWN Diabetes Attitudes Wishes Needs Award

January 2004 – November 2007 "AMD" Training School Associazione Medici Diabetologi' Rome, Italy

Position: Health Professional Trainer and Educational Consultant

Clinician's duties and achievements:

1. Planning and generation of training programs and workshops in counselling, emotional and mental health wellbeing, problem solving, burnout, strategic communication for medical and nursing staff working with chronic disease.
2. Organization of theoretical and practical coursework.
3. Delivery of training to medical and nursing staff.
4. Tutoring and supervision of the trainees.
5. Participation in a multicentre study originated from the training's outcome.
6. Presentation of the data outcomes in forms of poster and oral presentations at the annual conference of the AMD association.

Outcomes:
3) N. 19 Workshops personally delivered in the North, Central and South regions of Italy.

Education

2003-2007 **Professional Doctorate Degree (DPsy Clinical). Specialist in Clinical Psychology.**
"La Sapienza" University. Rome, Italy.

2002-2006 **Professional Doctorate Degree (DPsy Clinical). Specialist in Clinical Psychology and Psychoanalytic Psychotherapy.**
"SIRPIDI Training School". International School of Research and Training in Psychoanalytic Psychotherapy. Rome, Italy.

2002- 2005 **CEFEP. Certificate of Advanced Studies in Therapeutic Patient Education (in chronic illness).**
University of Geneva, Switzerland.

1995- 2001 **Master Degree (MPsy Clinical) in Clinical Psychology.**
"La Sapienza" University. Rome, Italy.

Languages and Computer skills

- **Italian**: native or bilingual proficiency
- **English**: full professional proficiency
- **French**: professional working proficiency
- **Spanish**: professional working proficiency

***Software**: Microsoft Office*

Personal Details

Dual Citizenship:

- **Nationalities: Italian and Australian**

References and list of publications available upon request.